



Toronto Spondyloarthritis and Psoriatic Arthritis Symposium

Where? BMO Education & Conference Centre
60 Leonard Ave, Toronto, ON M5T 2R1
and virtually

When? 8:00am to 4:30pm on Friday, November 28, 2025

Register here: Follow the [LINK](#) or scan the QR code





Toronto Spondyloarthritis and Psoriatic Arthritis Symposium

November 28, 2025

Dear colleagues,

It is our great pleasure to welcome you to the Inaugural Toronto Spondyloarthritis and Psoriatic Disease Symposium, a new educational forum dedicated to advancing clinical excellence in the diagnosis and management of chronic immune-mediated diseases.

This first edition marks the beginning of what we hope will become a recurring event that brings together rheumatologists, trainees and allied healthcare professionals to exchange knowledge, refine practical skills, and discuss the latest advances in our field.

The symposium has been designed as an interactive, case-based, and hands-on experience. Through state-of-the-art updates, imaging workshops, and real-world case discussions, participants will engage directly with experts and explore new ways to improve patient care

We thank all participants, faculty, and partners for joining us in this inaugural meeting and look forward to an inspiring and collegial day together.

Dr. Denis Poddubnyy Dr. Vinod Chandran Dr. Nigil Haroon



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Agenda

Time	Session	Speaker(s)
08:00–08:05	Welcome and Introduction	Denis Poddubnyy
08:05–08:35	Axial spondyloarthritis: what is new in 2025?	Nigil Haroon
08:35–08:45	Q&A	
08:45–09:30	Practical treatment approaches in axial spondyloarthritis	Patricia Remalante-Rayco & Nigil Haroon
09:30–09:45	Break	
09:45–10:15	Imaging for axial spondyloarthritis and psoriatic arthritis diagnosis	Kay-Geert Hermann
10:15–10:30	Q&A	
10:30–12:00	Interactive Workshop: Imaging of sacroiliac joints and spine	Denis Poddubnyy & Kay-Geert Hermann
12:00–13:00	Lunch Break	
13:00–14:30	Interactive Workshop: Imaging in peripheral arthritis & enthesitis	Rakesh Mohankumar
14:30–14:45	Break	
14:45–15:15	Psoriatic arthritis: what is new in 2025?	Vinod Chandran
15:15–15:30	Q&A	
15:30–16:15	Practical treatment approaches in psoriatic arthritis	Pankti Mehta & Vinod Chandran
16:15–16:30	Wrap-up and Adjourn	Denis Poddubnyy



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Symposium Learning Objectives

By the end of this symposium, participants will be able to:

- Apply current classification criteria and diagnostic algorithms for axial spondyloarthritis and psoriatic arthritis in daily clinical practice.
- Interpret key imaging findings relevant to SpA and PsA, distinguishing inflammatory from degenerative changes.
- Evaluate the evidence and rationale behind emerging treatment strategies, including biologics and small molecules.
- Integrate multidisciplinary perspectives to enhance comprehensive patient management.

CanMEDS Roles that are covered within the program:

- Medical Expert
- Collaborator
- Leader
- Scholar
- Professional



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Session-Specific Learning Objectives

Axial Spondyloarthritis: What Is New in 2025? Participants will be able to summarize recent advances in the pathophysiology, classification, diagnosis, and management of axial spondyloarthritis and interpret how these updates translate into current clinical practice.

Practical Treatment Approaches in Axial Spondyloarthritis: Participants will be able to select appropriate therapeutic strategies based on disease activity, treatment response, and comorbidity profiles, in line with updated international recommendations.

Imaging for Axial Spondyloarthritis and Psoriatic Arthritis Diagnosis: Participants will be able to recognize characteristic imaging features of disease manifestations and differentiate inflammatory from mechanical lesions.

Interactive Workshop: Imaging of Sacroiliac Joints and Spine: Participants will gain hands-on experience interpreting MRI and radiographic findings, applying standardized scoring systems, and correlating imaging with clinical features.

Interactive Workshop: Imaging in Peripheral Arthritis and Enthesitis: Participants will be able to identify radiographic and MRI features of peripheral arthritis and enthesitis and understand their diagnostic and prognostic relevance.

Psoriatic Arthritis: What Is New in 2025? Participants will be able to discuss recent updates in the classification, pathogenesis, and treatment of psoriatic arthritis and their implications for disease management.

Practical Treatment Approaches in Psoriatic Arthritis: Participants will be able to tailor therapeutic decisions considering patient characteristics, disease domains, and emerging treatment data.



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Faculty

- **Denis Poddubnyy, MD, PhD**
Professor of Medicine at the University of Toronto and Co-Director of the Gladman-Krembil Psoriatic Arthritis Program, Schroeder Arthritis Institute, University Health Network. His research focuses on the early diagnosis and treatment management of axial spondyloarthritis and psoriatic arthritis.
- **Nigil Haroon, MD, PhD, MBA**
Head of the Division of Rheumatology at the University Health Network and Mount Sinai Hospital, Professor of Medicine at the University of Toronto, and Co-Director of the Axial Spondyloarthritis Program at the Schroeder Arthritis Institute. His translational research investigates disease mechanisms and novel therapeutic strategies in spondyloarthritis and related immune-mediated conditions.
- **Vinod Chandran, MD, PhD**
Professor of Medicine at the University of Toronto and Director of the Gladman-Krembil Psoriatic Arthritis Program, Schroeder Arthritis Institute, University Health Network. His research integrates multi-omics approaches with clinical phenotyping to advance precision medicine in psoriatic disease.
- **Kay-Geert A. Hermann, MD, PhD**
Professor of Radiology and Senior Physician in the Department of Radiology at Charité – Universitätsmedizin Berlin, internationally recognized for his work in imaging of spondyloarthritis and other inflammatory arthritides.
- **Rakesh Mohankumar, MBBS, FRCR, FRCPC**
Assistant Professor of Medical Imaging at the University of Toronto and Musculoskeletal Radiologist at the Joint Department of Medical Imaging, Toronto. His main research areas include bone and soft-tissue sarcoma imaging, bone imaging in Gaucher disease, and advanced imaging in spondyloarthritis.
- **Patricia Remalante-Rayco, MD**
Clinical and Research Fellow at the University of Toronto and the Schroeder Arthritis Institute, University Health Network. Her work focuses on the pathophysiology and clinical and radiographic outcomes in spondyloarthritis.
- **Pankti Mehta, MD**
Clinical and Research Fellow at the University of Toronto and the Schroeder Arthritis Institute, University Health Network. Her clinical and academic interests include the diagnosis and management of psoriatic arthritis and the development of multidisciplinary models of care